



11-24 AUGUST 2023

For more info check: <u>www.gooutofthebox.com</u>



WHO WE ARE: Out of the Box (OTB)

WHO WE ARE : We are a team of international experts with extensive experience in Business , Non-profit Organizations, Non-Governmental Organizations and in working with Communities and the Public Sector.

WHAT WE DO :Our services include training, consultancy and supporting partnering to achieve sustainable change.

Our services

TRAINING: Our facilitators are experienced in working locally and across the world with diverse groups, and our passion is supporting individuals and teams to be the best they can be.

CONSULTANCY :Our consultancy services are tailor-made to provide you with the governance, strategic, operational and practical tools you need, when you need them.

PARTNERING FOR CHANGE :Out of the box supports partnerships enabling them to deliver sustainable change and impact. We will support you throughout your partnering journey; seeking the right partners, providing expert facilitation, supporting the implementation, providing the right tools, monitoring and evaluation.

WE BELIEVE : in shared knowledge and equal opportunities to make the world a better place; Out of the box is committed to provide pro bono services to those who are unable to afford them.

Our 7th Travel with purpose will take us all the way to Peru!

"Once a year, go someplace you've never been before."

Our travel with purpose event is a combination of a discovery of a new country, new culture, new traditions but also a self-discovery.

This trip will be an opportunity for each participant to travel with all their heart and mind and discover new perspectives and explore their senses fully!

With more than 10,000 years of history, Peru boasts so many natural and cultural treasures fascinating people from all around the world.



Peru is one of those places that feels like you're transported completely to another time. It evokes a spirituality and oldworld feel as you wander through the ruins of Machu Picchu or stroll through the cobblestone streets of Cusco. The country is a colorful and exotic and cozy destination, all wrapped up into one place alongside kind and friendly locals and incredible food.

TRAVEL WITH PURPUSE PERU 11-24 Aug 2023

BRIEF ITINERARY



DAILY PROGRAM

DAY 1-Fr, 11 Aug: LIMA ARRIVAL DAY 2-Sat, 12 Aug: A taste of the culture, food and people – Afternoon Flight to Cusco DAY 3-Sun, 13 Aug: Morning at leisure, Afternoon Cusco City discovery DAY 4-Mon, 14 Aug: Sacred Valley, salt mines in Maras town, Andean circular terraces in Moray DAY 5-Tue, 15 Aug: Classic Inca trail, Km 82 -LLactapata - Ayapata (14km, 6hrs) DAY 6-Wed, 16 Aug: Classic Inca trail, Ayapata -Warmiwañuska - Chaquicocha (16km, 10 hrs.) DAY 7-Thu, 17 Aug: Classic Inca trail, Chaquiccocha -Phuyupatamarca – Wiñaywayna (10km, 6hrs) DAY 8-Fr, 18 Aug: Classic Inca trail, Wiñaywayna -Machu Picchu (6km, 2 hrs.) DAY 9-Sat, 19 Aug: Day off in Cusco, relaxation and ME

time

DAY 10-Su, 20 Aug: Rainbow Mountain
DAY 11-Mon, 21 Aug: Puno
DAY 12-Tu, 22 Aug: Titicaca Lake - Uros floating islands and Taquile island
DAY 13-Wed, 23 Aug: Morning Flight to Lima, Tour of Lima and Gastronomy dinner
Day 14-Th, 24 Aug: Departure

Visited Locations:

- -Lima
- -Cusco
- -Maras and Moray
- -Machu Picchu
- -Rainbow Mountain
- -Puno
- -Titicaca Lake



Daily program

DAY 1- 11th Aug Arrival to Lima

Participants will be met at the airport and transferred to the hotel - Day at leisure

DAY 2- 12th Aug Lima - Cusco

Meeting over breakfast to get to know each other.

Today we will explore Lima Ultimate Peruvian Food Tour in the Artsy Barranco and Miraflores area, the walking food tour in Lima will allow us to sample more than 15 Peruvian dishes and beverages in one of Lima's most beautiful, artistic, and bohemian neighborhoods called Barranco.

This 4-hour walking food tour will take you through the history and culture behind every dish. We will interact with our local hosts while tasting and learning about famous Peruvian foods such as ceviche and pisco sour, in addition to witnessing the preparation of lomo saltado from inside the kitchen of a restaurant that opened its doors in 1937.



Afternoon flight to Cusco



DAY 3-13th Aug Cusco

First day in Cusco (3300m)

We will discover Cusco city in the morning, a city in the Peruvian Andes, who was once capital of the Inca Empire, and is now known for its archaeological remains and Spanish colonial architecture. we will visit the highlights of Cusco city like the Temple of the Sun "Qoricancha", the Cathedral which is the major temple of the city and is located in front of the main plaza, and the Inca complex of Saqsayhuaman which is an archaeological site that

also includes other Inca sites like Qenqo and Tambomachay. The Cathedral of Cusco was the Inca palace of Viracocha (an Inca ruler) before, it was called Kiswarkancha. There are countless pieces of art from the Cusco art school throughout the entire Cathedral valuable works of art that are admirable and deserving of knowledge. After lunch we will have a free afternoon.

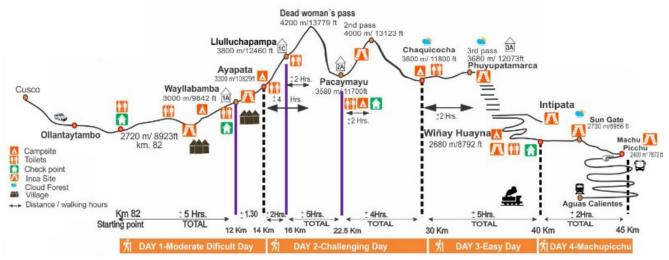


DAY 4- 14th Aug Sacred Valley

Today we will explore the Sacred Valley of the Incas. Along the drive, we will see picturesque landscapes with farmlands and snowcapped mountains. We will visit the lookout at Taray town from where all the valley is crossed by the Urubamba river, then we head to the archaeological sites of Pisac and Ollantaytambo. In Pisac there is a hands and crafts market where you can get fine artwork and textiles. After lunch, we continue to the salt mines in Maras town, and then we continue to the Andean circular terraces in Moray.



DAY 5-8 - 15th -18th Aug Machu Picchu Inca trail



Day 1: Training Day!

Cusco – Km 82 – LLactapata – Ayapata (14km, 6hrs) We will Depart our hotel around 4:30 a.m. and drive to Km 82 to start the Inca Trail hike to Machu Picchu. The first campsite is at 3300m (10826ft); we spend the night in comfortable tents.

Day 2: The Challenge!

Ayapata – Warmiwañuska – Chaquicocha (16km, 10 hrs) The most challenging and longest day of the 4day Machu Picchu Trek, passing through 2 mountains in 10 hours of hiking: The first mountain is Dead Woman's Pass, the highest point of the Inca Trail at 4215m (13829ft). The second mountain is Runqurakay Pass at 4000m (13123ft).

Day 3: The easy day!

Chaquiccocha – Phuyupatamarca – Wiñaywayna (10km, 6hrs). The most beautiful and relaxing day, hiking, is only 6 hours through different ecological zones. Today, you'll also visit a few archaeological sites, like Winaywayna, which is 2600m (8530ft) above sea level. We'll camp just 2 hours from Machu Picchu.

Day 4: Discover Machu Picchu!

Wiñaywayna - Machu Picchu - Cusco (6km, 2 hrs) Wake up early and hike for 2 hours to Machu Picchu

through the Sun Gate, from where we will have a unique view of Machu Picchu. After exploring Machu Picchu, we will take the Panoramic train and bus back to Cusco. Back to our hotel around 7:30 p.m.



During the Inca Trail, we will be provided with:

Food: Our chef will prepare special meals every day, starting from the first breakfast until the last breakfast. We will be provided by fresh local products to cater Peruvian food. Vegetarian, vegan, and gluten-free meals are available on request.

Equipment: We will be provided with dining tents, toilet tents, tables, chairs, and 4-person tents are provided for every two travelers, in each tent each participant will have an inflatable matress and a sleeping bag.

Safety: All staff has training in First Aid, Mountain Rescue, and COVID-19 protocols. The guides will have an oxygen tank, a first aid kit, and satellite phones.

Our porters have the proper equipment and are paid fairly. They are the most important people on the Inca Trail; without them, it is impossible to reach Machu Picchu.

Hiking Distance: 43 km - 26 miles

Transportation: After the trek, we will be transferred back to our hotel by **panoramic trains** on the way, so we can relax and enjoy the fantastic views.



DAY 9 - 19th Aug Cusco relaxation day

Free day to relax after the trek

DAY 10 - 20th Aug Rainbow mountain

We will depart at 5:00 am from our hotel in Cusco and drive for 3 hours to the trailhead. Upon arrival, our chef will prepare a delicious breakfast with plentiful choices while we enjoy the view of the mountains with a hot cup of coffee or coca tea to help us with the 5000 meters mountain ahead. After breakfast, we will start the 2-hour to the top of Vinicunca mountain (Also known as Rainbow Mountain). Throughout the route, we will see hundreds of llamas and alpacas and hike along the snowcapped peaks of the Ausangate Mountain range, the highest mountains in Cusco city. As we get closer to the top, the views get more impressive with every meter we climb. The hike is mainly flat with a gradual steep inclination at the final part, the temperature is cold at the top, and we will need a good jacket, hats, gloves, and an excellent camera to capture the fantastic views.



After enjoying the beautiful views of the Peruvian Andes and contemplating the spectacular 360°degree view from the top of Vinicunca, we will take an extra 30-minute hike to Red Valley, another breathtaking place with landscapes that will take our breath away. Next, we will head back to the beginning of the trail, where our lunch will be waiting for us and later Come back to Cusco, arriving around 5:30 pm.

DAY 11 - 21st Aug Puno

06.15 am we will leave our hotel to the bus station. On our way to Puno we will visit: the Andahuaylillas church, the mighty Temple of Wiracocha in Raqchi village, the majestic La Raya pass (road limit between Cusco and Puno, with a beautiful view of the Chimboya Glacier), and the fascinating Lithic Museum of the Pukará culture. We will arrive to Puno city around 5.30 pm.



DAY 12 – 22nd Aug Titicaca lake

We will have a full-day tour to the Titicaca Lake, visiting the Uros floating islands and the Taquile island, where we will get in touch with the local people. The Uros people have lived on the man-made reedcovered floating islands known as the Uros islands since before the Inca era. There are 120 man-made islands that make up an archipelago and are located about 5 km (3 miles) from the Puno port. Taquile residents are renowned for having developed an original, locally-controlled sustainable tourism model that provides home stays, group lodging, cultural activities, local guides, and restaurants. Due to the island's remoteness, particularly during a time before motorized boats, many other local customs survived like weaving. Though the designs and hues may have changed over time, the meaning is still evident in their creations. UNESCO has acknowledged Taquile and its textile art as "Masterpieces of the Oral and Intangible Heritage of Humanity"



DAY 13 – 23rd Aug Departure to Lima

We will leave at 06.00 am and drive towards the airport in Juliaca. Along the way we will visit the Inca Tombs of Sillustani, we will get to Lima at mid day and enjoy a city tour in the afternoon. will meet in the evening for a Peruvian Gastronomy farewell dinner.

DAY 14 – 24th Aug Lima

End of the trip, transportation to airport will be organized based on the different departures.

HOTELS

LIMA: (3 NIGHTS) Casa Andina Standard Benavides

Casa Andina Standard Benavides has an excellent location for those looking to stay in the heart of Miraflores, close to tourist and commercial areas. The district of Miraflores has many bars, restaurants and shopping centers. You can also quickly reach tourist attractions such as the Inca Market, the Archaeological Complex "Huaca Pucllana", the Miraflores Boardwalk and more tourist sites in the city. The rooms and common areas are fully equipped and decorated in a very modern and cozy style.



CUSCO: (5 NIGHTS) Casa Andina Premium Cusco

The hotel is located just 5 minutes away from the Plaza de Armas [Main Square] of Cusco and a few steps away from the main tourist attractions of the city. It's a beautiful 17th-century house that will take you to the Republican Era of Peru due to its colonial courtyards and balconies. The hotel has 93 equipped rooms in order for you to have an unforgettable experience. Alma Restaurant & Bar offers an enjoyable breakfast buffet and a varied menu. Our service emphasizing details will allow you to have an authentic Cusco experience in a place full of history



PUNO: (1 NIGHT) Tierra Viva Puno Plaza Hotel

The hotel is located in Grau Street, at the historic center of the city. This strategic location allows our guests easy access to several of the city's main attractions, such as the Plaza de Armas, the Cathedral and the Dreyer Museum. The hotel is also next to Lima Street, the city's most commercial and cosmopolitan street, where travellers may enjoy the best restaurants, popular art stores and artistic bars and peñas in Puno.



Package Price: USD 3350 in twin rooms -All included USD 3800 in single rooms-All included

(Excluding international flight)

For registration, please contact Nadine El Achy to secure an Inca trail pass and an entrance to Machu Picchu (The number of passes is limited to 500 per day and therefore it is important to secure ours). To register Contact us on: nadine@gooutofthebox.com

Each participant is responsible to secure their international flight, visa and insurance during the duration of the trip.

Mode of Payment:

A minimum of 50% on registration to secure the Inca trail pass and an entrance to Machu Picchu. Remaining 50% to be paid by end of May 2023.